

IOWA STATE UNIVERSITY
Department of Human Development & Family Studies
Fall 2000

HDFS 227X: Adolescent Development
Tuesday and Thursday, 11:00 – 12:15
Room 277 Science I

Instructor Information:

Michael Cleveland
84 LeBaron Hall
294-6282
E-mail: michaelc@iastate.edu
Office Hours: Tues/Thur 9:45 – 10:45 (and by appointment)

Required Text:

Steinberg, L. (1999). *Adolescence* (5th ed.). Boston: McGraw-Hill.

Selected readings and handouts as assigned by instructor.

Course Description and Rationale:

This course will examine the developmental period of adolescence, the time from puberty to early adulthood. We will examine the physical, cognitive, and socioemotional development of adolescence in the context of family, relationships, and culture. The course will survey major topics such as individual development, the context of adolescent development, and transitional challenges during adolescence.

Course Objectives:

At the end of the semester, students should be able to:

1. Gain an understanding of the historical development of adolescence.
2. Examine the physical development of adolescence and how it affects the individual.
3. Discuss adolescent cognitive changes and intellectual development.
4. Understand the nature of social interactions during the adolescent years.
5. Gain familiarity with contemporary research on adolescent development and social relationships.

Course Objectives:

This course will utilize a variety of teaching methods--primarily lectures, reading assignments, videos, and class discussion. Class participation (questions, comments, discussion) is an integral part of this course and is encouraged and expected.

Course Requirements:

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|---|-------------------------|
| 3 Exams (50 points each) | 150 points |
| 2 Case studies (30 points each) | 60 points |
| Class participation, attendance, and daily work | <u>10 points</u> |
| | 220 points total |

1. There will be three *non-cumulative* examinations in this class. All lecture materials, required readings, class experiences, handouts, and videos will be considered fair game for test material. Not all reading material will be covered in lecture; not all lecture material will be in the readings. Thus, it is important to attend all lectures and to do all the required readings. The exams will follow a multiple-choice and short answer format.
2. Two case study analyses are required for this class. In these case briefs, you will analyze an individual adolescent case portrait in terms of theories discussed in class. Two class periods will be devoted to discussing the case studies in a small group format. You **MUST** attend these sessions to receive full credit for your case study. The case briefs **must be typed** and about 5-7 pages in length. Case briefs must be turned in at the **beginning of class** on the day they are due. Late papers will result in a reduction of one letter grade per day. More information regarding these case will be distributed at a later date.
3. Attendance and participation are vital to this course. I will monitor attendance and may also periodically assign daily work or quizzes that will count towards your final grade.

Grading:

Final grades are based on the total number of points accumulated on a 90%=A, 80%=B, 70%=C, etc. scale. There are 220 points available; thus, the final grade will be based on the following:

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|----------------------|
| 198 - 220 points = A |
| 176 - 197 points = B |
| 154 - 175 points = C |
| 132 - 153 points = D |
| 131 and lower = F |

Class Rules:

1. Complete all assigned readings prior to class meeting.
2. Students are expected to attend class every day. If you miss class, it is your responsibility to get the notes and handouts from a classmate.
3. University policies regarding academic dishonesty, as described in the Undergraduate Catalogue, will be enforced in this class. Cheating on an examination or using another author's work as your own will, at minimum, earn you a score of 'zero' and may result in failure of the class. Any incidents of cheating will be reported to the Vice President of Academic Affairs.
4. Students are expected to take examinations at the scheduled times. Exams may be made up only in the case of a University excused absence. Decisions whether to allow a make-up exam will be determined by the instructor.

Course Schedule **HDFS 227X: Adolescent Development**

| Date | Topic | Assignment |
|--------------|--|-------------------|
| 8/22 | Overview and introduction | N/A |
| 8/24 | Theoretical and historical perspectives | Appendix |
| 8/29 | Biological transitions | Chapter 1 |
| 8/31 | “ | |
| 9/5 | Cognitive transitions | Chapter 2 |
| 9/7 | “ | |
| 9/12 | Social transitions | Chapter 3 |
| 9/14 | “ | |
| 9/19 | Families | Chapter 4 |
| 9/21 | “ | |
| 9/26 | Peer groups | Chapter 5 |
| 9/28 | “ | |
| 10/3 | EXAM 1 | |
| 10/5 | Schools | Chapter 6 |
| 10/10 | Work and Leisure | Chapter 7 |
| 10/12 | “ | |
| 10/17 | Identity | Chapter 8 |
| 10/19 | “ | |
| 10/24 | Autonomy | Chapter 9 |
| 10/26 | “ | |
| 10/31 | CASE STUDY #1 | |
| 11/2 | Exam review | |
| 11/7 | EXAM 2 | |
| 11/9 | Intimacy | Chapter 10 |
| 11/14 | Sexuality | Chapter 11 |
| 11/16 | “ | |
| 11/21 | THANKSGIVING BREAK | |
| 11/23 | NO CLASS! | |
| 11/28 | Achievement | Chapter 12 |
| 11/30 | Psychosocial Problems in Adolescence | Chapter 13 |
| 12/5 | “ | |
| 12/7 | CASE STUDY #2 | |
| 12/12 | FINAL EXAM WEEK. Time and date of exam will be announced. | |

(Dates and assignments are tentative and may change at instructor's discretion)